

# SEEDS

Creative Dance and Movement



*Releasing creativity and igniting the imagination.  
Helping children develop a personal relationship  
with Jesus.*

Seeds is a new dance and movement initiative for children based in Garforth, Leeds.  
It's all about being creative with movement and loving God.  
Come along to the first session:

**Sunday 9th October  
3:30pm - 5pm  
Garforth Methodist Church Hall**

All ages are welcome. Free of charge. Parents/guardians must accompany children. Refreshments will be served.  
Please email or message for further information.

Email: [seedscreativemovement@gmail.com](mailto:seedscreativemovement@gmail.com)



Follow for updates:

@seedscreativemovement