Mental Health and Faith

Taking a look at mental health and mental illness from a Christian perspective

Topics covered will include:

- God's heart for those who are struggling
- Understanding mental health and mental illness, and how we can reconcile that with our faith
- How we can manage mental illness or poor mental health as Christians, and why the answer isn't always just to pray more or have more faith
- Divine healing in relation to mental health
- What to do when you've tried everything and nothing seems to help
- What we can do to help others who are struggling with their mental health (both inside our Church communities and beyond)

Saturday 21st November 2026, 10am – 5pm

Venue: Park Plaza Hotel, Leeds City Centre

More info and registration at www.mkdministries.co.uk or scan QR code

Speaker: India Payling (mental health coach/consultant and founder of Malkutha D'Elaha Ministries)

Please note that this talk is free to attend but there will be an opportunity to give into India's ministry during the day if you would like to do so.